



InnerRhythms 2024-25 Fall Class Schedule

	M	T	W	T	F	S
STUDIO A	9:30-10:30 AFlow Heather 3:30-5:00 Ballet 4/5 Jennifer 5:15-6:15 Contemporary 4/5 Sheri 6:30-7:30 Zumba Char	9:30-10:30 Forever Young Jamie 3:15-4:00 MiniRhythms (4-6 age) Lily 4:00-5:00 Jazz 1/2 Lily 5:00-6:00 Beg Tap Teen/Adult Jennie 6:00-7:00 Intermediate Tap Teen/Adult Jennie 7:00-8:00 Modern Adult Jennie	10-11:30 Adult Intermediate Ballet Jennifer 2:15-3:15 Inclusive Teen/Adult Eric 3:15-4:15 Hip Hop 4/5 Eric 4:30-5:30 Hip Hop 1 Eric 5:30-6:30 Hip Hop 2 Eric 6:30-7:30 UJam Eric	4:00-4:45 MiniRhythms (5-6 age) Lily 4:45-5:45 Ballet 2 5:45-7:00 Ballet 3/4 Jennifer 7:00-7:45 Pointe Jennifer (or Beg Adult Ballet 6-week series)	3:15-4:15 Int/Adv Cont Fusion Avery 4:30-5:15 MiniHoppers (5-6 age) Lily 5:30-6:30 Int/Adv Jazz Avery 6:30-7:30 Ballroom Adult Jami 6-week series	9:00-9:45 MiniRhythms (5-6 age) Amber 10:00-10:45 MiniRhythms (3-4 age) Amber
STUDIO B	3:15-4:00 MiniRhythms (3-4 age) Kayla 4:00-5:00 Tap 1/2 Jennie 5:15-6:15 Ballet 1B Jennifer/Avery 6:15-7:15 Beg Hip Hop Teen/Adult Douglas 7:15-8:15 Hip Hop 4/5 Douglas	4:00-5:00 MiniHoppers (5-6 age) Kayla 5:00-6:00 Contemporary 1/2 Kayla 6:00-7:00 Beg Teen Jazz Kayla (ages 12 and up)	4:00-5:00 Contemporary Jazz 2/3 Sheri 5:15-6:30 Ballet 2/3 Teen Leigh (ages 12 and up) 6:30-7:30 Fosse to Funk Adult Sheri	4:00-5:00 Ballet 1A Jennifer/Sarah 6:00-7:00 Zumba Natalie	4:15-5:15 Beg Teen Jazz Avery (ages 12 and up)	

Schedule subject to change. Classes start September 9th and follow the TTUSD school schedule.

Class Ages by Level: Minis 3-4 ages, Mini 5-6 ages, Level 1 2nd-3rd grades, Level 2 4-5th grades, Level 3 6-7th grades, Level 4 8-9th grades, Level 5 10-12th grades. Please refer to your instructor for class/level placement. If you are coming from another studio, please inquire about placement.