

STUDIO A	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING		Bar Effect (SH) Adult 9:30am - 10:30am	Ballet (JC) Intermediate - Adult 10:00am - 11:30am	Bar Effect (SH) Adult 9:30am - 10:30am	
		Forever Young*** Dance For Seniors (JW) 9:30am - 10:30am	Inclusive Dance (EV) Teen - Adult 2:30pm - 3:15pm		
AFTERNOON	Ballet (JC) Level 4: Ages 12+ 3:45pm - 5:00pm	MiniHoppers (KD) Ages 5-6 4:00pm - 5:00pm	MiniRhythms (LF) Ages 3-4 4:00pm - 4:45pm	MiniRhythms (LF) Ages 5-6 4:15pm - 5:00pm	Hip Hop (EV) Level 4: Ages 12+ 3:15pm - 4:15pm
	Contemporary (SW) Level 4: Ages 12+ 5:15pm - 6:15pm	Tap (JPK) Level 1: Ages 8-12 5:00pm - 6:00pm	Hip Hop/U-Jam** (EV) Teen/Adult 5:00pm - 6:00pm	Bar Effect Adult (MS) 5:30pm-6:30pm	Hip Hop (EV) Level 1/2: Ages 8-12 4:15pm - 5:15pm
	Company 6:30pm - 7:30pm (by audition)	Tap (JPK) Level 2: Ages 13+ 6:00pm - 7:00pm	Fosse to Funk (SW) Adult 6:00p - 7:15pm		Hip Hop/U-Jam (EV) Teen/Adult 5:30pm - 6:30pm
STUDIO B					
MORNING			AFLOW CARDIO DANCE Adult (HT) 9:30am - 10:30am		
					MiniRhythms (AD)** Ages 5-6 3:45pm - 4:30pm
AFTERNOON	MiniRhythms (KD) Ages 3-4 3:45pm - 4:30pm				
	Ballet (KD) Intro: Ages 6-8 4:30pm - 5:30pm	MiniHoppers (HT) Ages 5-6 4:00pm - 5:00pm	Ballet (LC) Level 1: Ages 12+ 3:45pm - 4:45pm	Ballet (LC) Level 1: Ages 8-12 3:45pm - 4:45pm	AFLOW CARDIO DANCE (HT) Adult 4:40pm - 5:40pm
	Contemporary/Jazz (KD) Level 1: Ages 8-12 5:45pm - 6:45pm		Contemporary/Jazz (SW) Level 2: Ages 12+ 5:00pm-6:00pm	Ballet (LC) Level 2: Ages 12+ 5:00pm - 6:00pm	
			Conditioning for Dancers** Teen/Adult (EV) 6:15pm - 7:00pm		
	Modern (JPK) Teen/Adult 6:45pm - 7:45pm	Contemporary/Jazz (KD) Level 1: Ages 12+ 6:00pm - 7:00pm	Sound Healing (EV)*** Adult 7:00pm - 8:00pm	Intro To Ballroom (JW/SW) 6:00 pm - 7:00 pm	

* Starting March 14 **Starting March 22 ***Coming Soon

InnerRhythms INSTRUCTORS		InnerWellness INSTRUCTORS	LEVELS		AGES		PROGRAMS
LC	Leigh Collins	SH Serina Hays	Creative Movement	Mini	Minis	Age 3-4 & 5-6	MiniRhythms
JC	Jennifer Couch	IS Ingrid Stutzman	Introduction	Intro		Age 6-8	MiniHoppers
KD	Kayla Durham	MS Mandy Stewart	Beginning	Level 1	Youth	Age 8-12	InnerRhythms
LF	Lily Fay	HT Heather Tjalma	Beginning/ Intermediate	Level 2	Teen	Age 12+	InnerWellness
JPK	Jenni Pitts Knipe	EV Eric Ventura	Intermediate	Level 3	Adult	18+	
HT	Heather Tjalma	AD Amber Dietrich	Intermediate/ Advanced	Level 4	Seniors	55+	
EV	Eric Ventura		Advanced	Level 5			
SW	Sheri Woodsgreen						
JW	Jami Wiseman						